



Issue number 16
April 2024

Newsletter

In this edition of our newsletter, we're thrilled to share the fresh energy and exciting updates that come with this time of year



Thought for the month

“Though April showers may come your way, they bring the flowers that bloom in May”

-April Showers, Buddy DeSilva

Volunteers

It was lovely to have members from the Crewe area come forward to volunteer for HIP. We had a successful first meeting after the coffee morning recently exploring what different roles people would like to get involved with.

Our next step is to arrange to meet with all our volunteers to work out the different roles - volunteers stay tuned. If you would like to become a volunteer please reach out to us at coffee mornings or send us an email, we would love to get you on board.

Coffee morning reminders:

Please mark your calendars with the following dates for the coffee mornings in May and July:

Crewe

Date: Thursday, 2nd May





Date: Thursday 4th July

Time: 10:30 AM - 12:00 PM

**Location: Wistaston Memorial Hall, 75 Church Ln,
Crewe CW2 8ER**

Ellesmere Port

Date: Friday, 10th May

Time: 10:30 AM - 12:00 PM

**Location: Trinity Church, Whitby Rd, Ellesmere Port
CH65 0AT**

**No coffee morning in June due to HIP's trip
to Chester Zoo**

Date: Friday 12th July

Time: 10:30 AM - 12:00 PM



H.I.P Calendar Photos



Don't forget to send in your pictures for the HIP calendar! Every month, we extend an invitation to our members to capture moments that embody the essence of the season and the specific month through photography. We have a plan to sell these calendars across Cheshire to raise funds and awareness about H.I.P.

Please send in your photos to the Hip email (info@hipincheshire.org.uk) or via Facebook. We can't wait to see what pictures you send in for April!

Liz wanted to share her submission for April! Lex the dog out for a cycle.



Chester Zoo Trip

We are delighted to Announce that HIP will be having a trip to Chester Zoo on **Friday 21st June!**

We have got **40 spaces** for our members. To make it fair and make sure that everyone has an equal opportunity we are allocating a set number of spaces to be reserved via email/social media and at the Crewe and Ellesmere port coffee mornings - due to not all members having access to email or social media.



When you respond to book your space on the trip **please let us know if you will be needing a loved one/carers to assist you** throughout the trip, as we will need to book them a spot as well. We will be organising transport for members so **please say when you reserve a spot whether or not you will be requiring transport and if you have any dietary requirements/allergies.**



The plan is to meet at the zoo entrance (by the Giraffe) for **11:00 am** and pick up at **3:00 pm** with a break for lunch. If you have selected transport we will be in touch with the finer details such as times and pick up locations soon.

We hope you are just as excited as the HIP team are!



Sudoku Puzzle

The rules for sudoku are simple. A 9×9 square must be filled in with numbers from 1-9 with no repeated numbers in each line, horizontally or vertically. Answers will be revealed in the next newsletter.

	7			2			4	6
	6					8	9	
2			8			7	1	5
	8	4		9	7			
7	1						5	9
			1	3		4	8	
6	9	7			2			8
	5	8					6	
4	3			8			7	

THANK YOU FOR READING!!

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