

Newsletter

lssue number 13 New Year 2024



Greetings from the Hip team! As we usher in the new year, we extend our warmest wishes to all our valued members. May the coming months be filled with joy and exciting adventures. Here's to a fantastic year ahead! We have taken on board the feedback gathered and are looking at running more events throughout the year. These events will be posted on the website and our Facebook page, email reminders will also be sent and posted in our monthly newsletters - stay tuned!

Zoom Catch-Ups

A heartfelt thank you to all the wonderful HIP members who joined us for the Christmas Zoom gathering. Your presence added warmth and joy to the virtual celebration, making it a truly special and memorable event. We appreciate your participation and look forward to more shared moments in the future.

In 2024 we are looking at hosting more regular zoom catch ups so please keep your eyes peeled on the HIP Facebook page and your emails for the next zoom details.



Coffee morning reminder:

Please mark your calendars with the following dates for the coffee mornings in February:

Crewe:

Date: Thursday, 1st February

Time: 10:30 AM - 12:00 PM

Location: Wistaston Memorial Hall, 75 Church Ln, Crewe CW2 8ER

Ellesmere Port:

Date: Friday, 9th February

Time: 10:30 AM - 12:00 PM

Location: Trinity Church, Whitby Rd, Ellesmere Port CH65 oAT

Up to date information

Going into the new year we want to make sure we have our members correct details so in the next coming months expect a phone call from a member of the team to check details and your preferred way to be contacted with upcoming events and coffee mornings. We are also looking into whether we can offer coffee mornings in additional venues and locations depending on where members are and where they would like.





Sharing your lived experiences

Over time, we've witnessed each of you navigate extraordinary journeys, displaying resilience and strength. Your experiences are not only a testament to your personal growth but also a source of inspiration for others facing similar challenges. We believe in the power of shared stories to raise awareness, foster understanding, and inspire a sense of community. With this in mind, we would like to invite you to consider sharing your lived experiences with fellow HIP members.

Your stories have the potential to make a significant impact, offering insights and support to others on their own journeys. We would like to share these stories in our monthly newsletter, as well as on the HIP website – platforms that reach and connect our community. Your privacy is of utmost importance to us, and we want to assure you that we will handle your stories with care and respect. If you are interested in sharing your story, please let us know and we will be in contact to provide guidelines or answer any questions you may have.

H.I.P Calendar Photos

In the spirit of collaboration for the year 2024, HIP is excited about co-creating a calendar for the upcoming year with our members. We warmly encourage our members to join in by sharing photos that will be featured for each month. Your participation will make this calendar a collective masterpiece!

Every month, we extend an invitation to our members to capture moments that embody the essence of the season and the specific month through photography. HIP have a plan to sell these calendars across Cheshire to raise funds and awareness about HIP

Please send in your photos to the HIP email (<u>info@hipincheshire.org.uk</u>) or via Facebook.



Volunteering Induction

HIP is reaching out to our members to gauge interest in becoming more actively involved in charity work through volunteering. We're hosting a volunteering information sharing and induction event for members who are curious about joining and exploring this opportunity.

Feel free to attend and discover if volunteering aligns with your interests. If, after the induction, you find that it's not the right fit for you, that's absolutely okay. Your participation is entirely at your discretion. We are looking at running this on the 16th of February.

If you're interested in joining the induction, please reach out to us via email or Facebook messaging. Additionally, you can inform Alex and Liz during our monthly coffee mornings. We look forward to hearing from you!



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