



# Newsletter

## Christmas Afternoon Tea

H.I.P would like to invite all of our members to join us for a Festive Afternoon Tea. We have secured our own private room at The Queen Hotel. This private space will allow us to catch up, share stories, and enjoy each other's company.

If you are still to RSVP for the Christmas afternoon team then please email us at [info@hipincheshire.org.uk](mailto:info@hipincheshire.org.uk). We would hate for our members to miss out!



**Location:** The Queen at Chester Hotel

**Time:** 12:30pm-4:00pm

**Date:** Monday 11th December

Because we have a limited number of spots available for the Christmas meal, we kindly request our members to respond promptly. The deadline for confirming your attendance at the Christmas afternoon tea is Friday, November 10th.

If you haven't confirmed your attendance yet or if you have already done so, please inform us of your dietary preferences (vegetarian, vegan, allergies, etc.) either by email or during our coffee morning. You can find the menu details on the following page:

## MENU

Open sandwiches on sourdough - turkey, sage and onion stuffing & cranberry, morrocan falafels and red pepper, chicken liver and brandy pate

Warmed fruit scones served with clotted cream and preserves

Selection of Christmas sweet treats

Selection of coffee or loose leaf teas

Glass of Prosecco or mulled wine

H.I.P will contact you directly to provide information about the pickup locations and transportation schedule. If you need transportation, please inform the H.I.P team.

### **October/Halloween Photo Competition**

As you may already know, the Photo competition deadline is approaching, and it's set for Friday, November 10th. If you intend to enter your photo, you can send it to us via Facebook or email. If you prefer a more personal approach, feel free to bring a physical copy of your photo to our upcoming coffee morning. The lucky winner will be awarded an Amazon gift voucher, so be sure to submit your entry for a chance to win!



We'll be announcing the winner on November 17th, so stay tuned!



### **Coffee mornings**

Coffee mornings in the month of November are running as normal. However please note that there will be no coffee mornings in December due to the upcoming Christmas Afternoon Tea. Don't forget to RSVP!!

### **2024 Activity ideas**

As 2023 draws to an end and 2024 approaches, we're eager to begin planning activities that will make the upcoming year a memorable one. At H.I.P, we value our members' input and would love to hear your ideas for new activities you'd like to see us organise.

In the past, H.I.P has arranged outings to Chester Zoo and bowling excursions. If you'd like to see more of these activities or have other suggestions in mind, please don't hesitate to share your thoughts with us. Your input matters to us, and we're excited to create a fantastic 2024 together.

### **Christmas Poem**

As the holiday season approaches, we're excited to kick off the Christmas festivities a little early this year, and we're thrilled to include you in the celebration! We invite our members to embrace the holiday spirit by crafting a festive poem. Whether you're an aspiring poet or just want to share the joy of the season, this is your chance to let your creativity shine.

Your poem can be a few lines or a few stanzas, and it can encompass any aspect of the holiday season that brings you joy, be it traditions, memories, or the magic of Christmas.

### **The Grand Unveiling:**

During our upcoming Christmas Afternoon Tea, we have a special treat in store. With your permission we will be reading these heartfelt poems aloud for some light-hearted entertainment.





It's a wonderful opportunity to showcase your literary talents and spread the warmth of the holidays. Compose a short Christmas-themed poem that resonates with you. Submit your poem by sending it to [info@hipincheshire.org.uk](mailto:info@hipincheshire.org.uk) by the 8<sup>th</sup> of December. If you would prefer, a member of the H.I.P. team can read out the poem on your behalf. Join us at the Christmas party to hear your words come to life!

### **Deirdre Healy Information - handy contact to have!**

*"I am a Partner at Irwin Mitchell in the Serious Injury Team. My day job is to act for individuals and their families when they have suffered very serious injuries including brain injuries. I work with individuals and their families to access the best rehabilitation and recovery via interim funding from insurers.*

*I have specialised in litigating complex injury cases for nearly 30 years. My firm has the largest personal injury team nationally. Often, my clients need a variety of legal services including advice on Court of Protection matters, public law issues, conveyancing and wills and trusts. My firm has experts in all of these areas and many more. My aim is to support my clients and their families through their litigation journey to achieve the best possible outcome in their claims for damages." - Deirdre Healy*

If anyone in the HIP community or knows anyone that would benefit from Deirdre's legal services, then please get in touch with the HIP team. This can be chatting to one of the coordinators at a coffee morning or emailing us at [info@hipincheshire.org.uk](mailto:info@hipincheshire.org.uk). Any further questions please get in touch, we are here to help!

### DECEMBER LEAVES


The fallen leaves are cornflakes  
that fill the lawn's wide dish.  
The night and noon, the wind a  
spoon  
and stirs them with a swish.

The sky's a silver sifter,  
a-sifting white and slow  
that gently shakes on crisp brown  
flakes  
the sugar known as snow.

*By Catherine Andrews  
Jennison*



HIP in Cheshire, Acorn Suite – 1829 Building, Countess of Chester Health Park, Liverpool Road, Chester CH2 1BQ

 01244 650522

 [info@hipincheshire.org.uk](mailto:info@hipincheshire.org.uk)

 [www.hipincheshire.org.uk](http://www.hipincheshire.org.uk)

 HIPInCheshire

 @HIPInCheshire