

Newsletter

Staff Updates

As we gather here to bid farewell to our esteemed colleagues, we find ourselves both proud and nostalgic. Ceri, our dedicated team member, will be embarking on a new adventure with a secondment

opportunity. We cherish the memories of working together and wish her the best of luck in all her future endeavors.

Next, we extend our heartfelt gratitude to Beth, the visionary Founder of H.I.P and a long-standing pillar to the ABI Service. After years of dedicated service, Beth has decided to embrace a well-deserved retirement. We applaud her for the remarkable impact she has made, shaping our community with passion and commitment. Although she will be deeply missed, we know that her legacy will continue to inspire us as we carry forward the mission she laid the foundation for.

Lastly, we bid adieu to Andrea, a valued team member who has decided to embark on a new path. While we are sad to see her go, we understand the allure of fresh challenges and opportunities that await her.

As we come to this moment of bidding farewell, we find ourselves filled with a mix of emotions. It is with a heavy heart that we say goodbye to some of our beloved members, who have been the driving force behind the impactful work we do here at H.I.P. Please join us in thanking them for their outstanding commitment to H.I.P.

While we bid farewell, we are equally excited to welcome new members to the H.I.P family! We have an exceptional team of individuals joining us, and we can't wait to see the positive impact they will make on our mission.

Introducing our new team members:

Ross Sibson - Acting Chair

It is my distinct pleasure to introduce Ross Sibson, who will be taking on the role of Acting Chair. Many of you may already know Ross well, as he has been an

integral part of our H.I.P community for a considerable time.

Ross' longstanding commitment and dedication to our organisation have left an indelible mark on our journey. He has been actively involved in various capacities, and his passion for our cause has been an inspiration to us all.



Mel Rowles - Trustee

It is with great excitement and pleasure that we introduce Mel as one of our esteemed Trustees. Her exceptional background as a solicitor specialising in supporting individuals with head injuries and her active involvement with H.I.P make her a valuable addition to our team. We extend a warm welcome to Mel as she assumes the role of Acting manager of the service, for the next six months. With her wealth of experience and expertise, we have full confidence that her leadership will lead us to new heights in our mission to make a positive impact. Together, we look forward to achieving great success and furthering our cause under Mel's guidance and dedication.



Alex and Liz - Coordinators:

Alex and Liz are a dynamic duo who will take on the roles of Coordinators. With their enthusiasm and innovative ideas, we are eager to see them steer our projects and initiatives to success.

Please extend a warm welcome to Mel,

Ross, Liz and Alex as they embark on this exciting journey

with us. Their dedication and passion for our cause align perfectly with the spirit of H.I.P, and we know they will make significant contributions to our organisation.

As we move forward with our new team, we remain committed to our mission of making a positive impact on the lives of those we serve. Your continued support and engagement are essential to our success, and we look forward to sharing more updates and achievements with you.

Look out for us at the coffee mornings!!

Coffee Mornings

As many of you had vacations planned and were taking some well-deserved time off, we decided to take a short break from our regular coffee mornings in Crewe and Ellesmere Port for the month of August.

As we bid adieu to the sunny days of August, we're excited to announce the return of our beloved Coffee Mornings! Please mark your calendars with the following dates for the first coffee mornings after the summer break:

Crewe:

Date: Thursday, 7th September

Time: 10:30 AM - 12:00 PM

Ellesmere Port:

Date: Friday, 15th September Time: 10:30 AM - 12:00 PM

We look forward to catching up with all of you after the break and hearing about your summer adventures. Our coffee mornings have always been a fantastic opportunity to connect, share stories, and create lasting memories together. In the meantime, if you have any questions or need any assistance, please feel free to reach out to us.

H.I.P Buddies

At our delightful coffee mornings, we are thrilled to introduce "HIP Buddies"a warm and welcoming initiative designed for newcomers to our gathering. We understand that stepping into a new community can sometimes feel daunting, which is why our HIP Buddies are here to make the experience a whole lot friendlier!

HIP Buddies are enthusiastic volunteers from our existing community who have a genuine passion for connecting with others. Their mission is to ensure that every newcomer feels comfortable, valued, and included from the moment they arrive. Whether you're a first-timer or a returning guest, our HIP Buddies will be readily available to greet you with a smile, engage in conversations, and introduce you to fellow coffee morning enthusiasts.

With their friendly guidance, newcomers can quickly find their footing in our vibrant community. Whether you're seeking someone to share coffee conversations with or have questions about our events, the HIP Buddies are here to offer a helping hand.

So, the next time you join us for a coffee morning, keep an eye out for our wonderful HIP Buddies. They'll be easily recognizable by their welcoming badges and open arms. Together, we'll create an atmosphere of warmth, camaraderie, and friendship that truly defines the essence of our coffee mornings.

Donation

We are delighted to share some exciting news with you all. Thanks to the incredible generosity of Cheshire Freemasons Charity Fund, H.I.P has received a £2000 donation.We extend our heartfelt



gratitude to Cheshire Freemasons Charity Fund for their generosity to be able to support members of our charity. H.I.P was one of 5 local charities including one giving counselling to premature babies, one who deals with women who have been the subject of sexual violence, and a call line to help people who have been bereaved. The donation of £2,000 to each of the five charities is a generous contribution that will likely make a significant difference in their respective causes. It's also great to know that Ian Skaife, a valued trustee and member, collected the cheque on behalf of H.I.P. Ian communicated to the Freemasons how much these donations would help your organization's members, families, and carers to attend social events. The kind person who nominated H.I.P is yet to be named but if you are reading this we thank you for thinking of us. Stay tuned for more updates on how this donation will contribute to our ongoing projects and initiatives. We couldn't do it without the support of individuals and organizations like Cheshire Freemasons, and we are truly grateful for every contribution that helps us make a difference.

HIP in Cheshire, Acorn Suite - 1829 Building, Countess of Chester Health Park, Liverpool Road, Chester **CH2 1BQ**

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