

Newsletter

Hello all and welcome back to the first newsletter edition of the year. We hope everyone had an amazing start to the year and look forward to an excellent 2022. With any luck we'll be able to operate much more smoothly this year.

Events

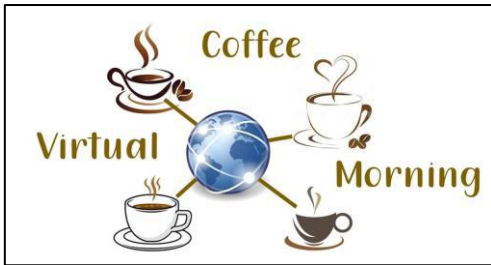
A huge THANK YOU to everyone who attended our Christmas parties in Crewe and Chester, which we hope you all enjoyed as much as we did. There was a huge turnout, and we were able to raise **£153.00** through our bingo and raffles. We look forward to hopefully hosting more events in 2022.



Research Opportunity

A brief reminder that Researchers at King's College London are carrying out a survey into how technology can improve wellbeing after an acquired brain injury. They are especially interested in hearing from people in counties outside of London. If you have experienced a brain injury or stroke, work with or care for someone who has then you can help.

Participation involves completing a 10 minute survey, with the **chance to win £30 in Amazon Gift Vouchers**. If you are interested, you can find the survey along with more information at www.bit.ly/3GV6HMG



Zoom Coffee and Quiz Friday 4th February at 10.30am

Please note we have a new phone number



01244 650522

and have moved back to work alongside the NHS Acquired Brain Injury team at the Acorn Suite.

Volunteer spotlight



Continuing with our volunteer spotlight, we have a new bio from the wonderful Diane James.

"I have enjoyed being a volunteer with HIP for around 3 years.

I became involved with the Acquired Brain Injury Service following an accident in 2013. Prior to the accident I worked as an Emergency Planned for the Local Authority.

I was referred to Bernie Walsh, Vocational Rehab Occupational Therapist, who started to help me return to work. It took me a long time to get back to my normal duties and I found this challenging.

My husband retired in 2018 and I retired soon after.

I then contacted Bernie and asked if I could become a volunteer with HIP and started with helping out at the Ellesmere Port Coffee Morning and at various events.

I really enjoy volunteering and am looking forward to seeing people again and for things to get back to normal. I feel that through volunteering I am giving something back to an organisation that has helped me so much"

As always, thank you all so much for reading, and for your continued support, without which we could not operate.

Wishing you all the best from the team at HIP.

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