

Newsletter

Welcome back everyone to our newsletter. We received plenty of encouraging feedback following our last issue and are thrilled with the positive reception. This time the spotlight is on the contributions of our wonderful volunteers We hope you enjoy this one as much as the last.

Events

This October we restarted our in person coffee mornings. We hope everyone enjoyed seeing each other face to face once again.

Many thanks to the Crewe Arms Hotel, which, alongside hosting the Crewe Coffee morning, raised £250 for HIP with local businesses.

Unfortunately there will be no coffee mornings during December for Crewe ,Macclesfield and Ellesmere Port. However we will have a Christmas



zoom meeting at 10:30am on the 17th of December. We also have two upcoming events. For Macclesfield and Crewe group members, we have a Christmas buffet at the Hotel Ibis, Crewe, on the 3rd of December. If you would like to attend, please RSPV. You will need to arrive by 11am. Please register at reception if you arrive by car.

For the Ellesmere port group, we are holding a Christmas lunch at the Queens Hotel, City Road, Chester, on the 9th December. Please arrive around 11am. Parking details will be included on the invite.

Spotlight: Volunteers

We currently have five registered volunteers working for HIP, working hard to keep HIP up and running.

In addition to making a positive contribution to HIP, volunteering can help you build experience and both hard and transferrable skills. Many of our volunteers are members of HIP working to rebuild their skills and confidence following their injury.

So you can better know them, we have included a bio from Paul, one our fantastic volunteers,.

If you are interested in volunteering, please feel free to contact Julie at info@hipincheshire.org.uk

Paul Hayward



I have been a volunteer from Day One!

I started out at the Acquired Brain Injury Unit at the Countess of Chester after my own brain haemorrhage in 2007.

I became a volunteer due to Bernie Walsh, Vocational OT, and Dr Gavin Newby, who were a huge influence on me and explained that volunteering would help build my confidence.

I started out with monthly phone calls to people who had had a brain injury to remind them of coffee mornings and courses. The charity hadn't been formed then.

Once the charity was formed I was proud to be asked to become a committee member. I spent a few years on the

committee and started to volunteer alongside Claire Emerton our first employee and have worked alongside subsequent members of staff including Edie and Lisa.

I am looking forward after Covid to restarting meetings and meeting members and hopefully picking up where we left off.

Donation update

We are now enrolled in the Amazon Smile programme. To support us, you can go to smile.amazon.co.uk or activate in the amazon mobile choose and us as supported charity. This means that for the same products and prices you would buy on Amazon, we receive 0.5% of the net purchase price.



Be part of something bigger donated to charity

Supporting your favourite charity is easy

As before, a massive thank you to all our supporters, both donors and volunteers. It is thanks to your help that HIP is able to carry out all activities and events. We look forward to seeing you all at the Christmas Events. Until then, have a fantastic December!

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