

TWELVE

DAYS

OF HIP

CHRISTMAS



Just £1  
for a coffee  
helps us fight  
isolation and  
loneliness!



This festive period get together and help make 2019 extra special for **people living in Cheshire with serious head injuries.**

Between **December 3rd-14th** get your office, classmates, customers, family and friends involved. Just pick a festive fundraising idea and tell us what you're doing. It can be anything - we only ask that it's festive and fun!

- Hold a Christmas jumper day in school or work
- Bake up a festive cake sale at your next meeting
- A decorate your desk competition in the office
- Take part in a sponsored Santa Dash
- Get sponsored for wearing the same pair of Christmas socks for 12 days
- Or you can simply make a seasonal donation by going to:

**CALLING  
ALL SCHOOLS,  
BUSINESSES,  
TEAMS AND  
CHRISTMAS  
ELVES!**

**[mydonate.bt.com/events/hipxmas/475638](http://mydonate.bt.com/events/hipxmas/475638)**

**Head Injured People (HIP) in Cheshire is Registered Charity 1162365**  
**[www.hipincheshire.org.uk](http://www.hipincheshire.org.uk)**